



When Gran got Sick

Written by Cindy Palin, Illustrated by Danielle Lemay

Processing loss, grieving together

1. How important is the relationship? Pg 3
2. Does Milly understand what the illness is? Pg 9
3. What emotions can she identify? Pg 11, 23
4. How do her emotions affect her body? 11, 23, 29
5. What is Milly's coping strategy on pg 11?
6. Milly observes grief in others. Pg 12-15
7. Milly's feelings affect how she treats others. Pg 17
8. What coping strategy has Milly been taught? Pg 19
9. How important is it to use clear words about death? Pg 31
10. Can you name another coping strategy on page 33?
11. Grieving can often feel better surrounded by others. Pg 35, 37
12. Milly learns more about Can't-sir (Cancer). Page 37
13. Milly processes her grief by taking time to be by herself. Page 39
14. Milly is able to process her grief further through play and prayer. Pg 41

How can these questions and observations help us all when someone we love, dies?

Writing a Review

I invite you to tell other readers how Milly and her Gran's story has impacted you. Visit www.amazon.ca, type "When Gran got Sick" in the amazon search space. When the book appears, click on the book and scroll down until you see "Write a Review". It is usually near the bottom of the page.

You will need an amazon account to write a review on amazon. However, if you wish to send the author and/or illustrator a review, you may do so by emailing newcindypalin@gmail.com.

If you did not purchase the book on amazon, you are still eligible to write an amazon review.

Tips on writing a review:

Mention what you liked about the topic?

Was the message relatable to something you have gone through?

Did the story encourage helpful discussion?

Does the children's book also help adults process grief?

Why or why not would you recommend this book?

This book is available in print, e-book, and audio version